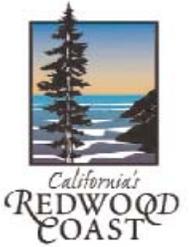


Professional Screening Tool for Humboldt Addiction

INTAKE GUIDE FOR MEDICAL, MENTAL HEALTH, SOCIAL WORK AND PASTORAL DISCIPLINES



Patient/client name: _____
Person completing this intake form: _____

- No Humboldt addiction suspected
- Probable Humboldt addiction

Please refer to www.HookedOnHumboldt.org for resources and treatment options.

Subject Presents With:	Pathologies/Behaviors:	Subject's score (10 is highest)
Chronic Neck Strain	Pain or discomfort when looking upwards, caused by excessive time spent in old growth redwood forests.	1 2 3 4 5 6 7 8 9 10
Obsessive sifting/sorting	Compulsive sifting through gravel, M&Ms, etc. Check patient's pockets or home for translucent beach agates collected at Agate Beach, Big Lagoon or other Humboldt beaches.	1 2 3 4 5 6 7 8 9 10
Change in heat tolerance	Patient has grown intolerant of average temperatures over 70 degrees. Often associated with aversion to dry or polluted air.	1 2 3 4 5 6 7 8 9 10
Change in social interactions	Subject displays inappropriate friendliness to strangers. Begins conversations at checkouts and says "good morning" to people on the street. May even stop to pet strange dogs.	1 2 3 4 5 6 7 8 9 10
Change in eating habits	Patient exhibits strong aversion to mass produced or processed foods. Shows insatiable appetite for organic produce, grass-fed beef, oysters, salmon, crab, artisan cheeses and local beer & wine.	1 2 3 4 5 6 7 8 9 10
Altered moods	Subject presents unexplained reduction in stress levels, blood pressure or irritability. Symptoms may also include prolonged euphoria and/or exhilaration with no obvious cause.	1 2 3 4 5 6 7 8 9 10
Change in sedentary habit	Compulsion to walk even when alternate transportation is available. Patient takes impromptu walks at lunch; walks to and from work in all kinds of weather. Wears "sturdy walking shoes" to formal functions.	1 2 3 4 5 6 7 8 9 10
Hydrophylia	Patient displays strong attraction to surface water: may climb into fountains and ponds, or splash in gutters and rain puddles. In sight of ocean surf, however, patient frequently reverts to quiet state and may sit staring at it for hours.	1 2 3 4 5 6 7 8 9 10

How to Use this Tool: Review patient/client for all applicable symptoms. A score of 9 or 10 in a single symptom is sufficient to suspect Humboldt Addiction; further investigation and treatment is indicated. A median score (4-7) in three or more symptoms also suggests a strong probability of addiction. The latter cases are more difficult to treat because of multiple and interdependent causalities.